

FIELD DAY IDEAS - AROUND THE WORLD

Contributed by Denice Volzone Rice

From Denice:

"Our field day was called, COUNTRIES AROUND THE WORLD. Each station had the sheets (below), and read them to the class before they started their activity."



MEXICO!



ABOUT THE COUNTRY:

There are many species of parrots that live in warm climates around the world. Macaws are the most common in Central America, with bright, colorful feathers and tails. Parrots and other colorful birds, exotic animals, and tropical plants flourish in the lush rainforests of Mexico.

EL PERIQUITO (THE LITTLE PARROT):

Items Needed:

- bean bags
- buckets

Each class forms a straight line behind a bucket. Starting with the first player on each team. FURTHEST from the bucket, the player takes a bean bag, turns to the player to their right and says, "Won't you buy this little parrot?" The second person asks, "Will it bite?" The player with the bean bag replies, "No," and passes the bean bag to the second person. Then the first person sits down. The exchange continues down the line until the last person in line (the person closest to the bucket) receives the bean bag. The last person then tosses the bean bag into the bucket and sits down. The first team to finish and sit down is the winner.



UGANDA!



ABOUT THE COUNTRY:

Ugandan women often carry heavy items on their heads using a coiled-up cloth, called a kanga cloth, to cushion the load. Kanga cloth is purchased in ten-foot lengths and cut into 2 five-foot pieces - one piece of the cloth is for wearing and the other is used to cushion the load that is carried.

WATER CUP RELAY:

Items Needed:

- buckets of water
- cups with small holes in the bottom
- orange cones

Each class forms a straight line. The first person in each line fills a cup full of water to balance on his or her head. The cup has a hole in the bottom. That person needs to run down to the bucket with the cup of water balanced on their heads and dump the water in the cup. Then he or she runs back and gives the cup to the next person in line (who must refill the cup with water), then sit down at the end of the line. The first team to have all of their players run the relay, return the cup, and sit down in line is the winner.



AUSTRALIA!



ABOUT THE COUNTRY:

While Australia is highly industrialized, like New Zealand, sheep remain very important to the economy. Australia produces about 35% of the world's wool. Australia also boasts some very unique animals, including the koala bear, kangaroo, dingo, emu, and kookaburra.

SHEEP DOG TRIALS:

Items Needed:

- paddles
- soccer balls
- cones
- rope or tape to mark the finish line

Each class forms a straight line opposite the finishing line. The first person in each line takes a paddle and positions the ball in front of it. When giving the starting signal, the first person in each line "herds" the ball (sheep) down to the line using the PADDLE (dog). When the player reaches the line, he or she goes around the cone and returns to the next person. This person hands off the paddle to the next player in line and places the ball down on the ground in front of that player. The first team to have everyone successfully herd their sheep and sit back down in line is the winner.



THE WEST INDIES!



ABOUT THE COUNTRY:

The West Indies are a chain of tropical islands separating the Atlantic Ocean from the Caribbean Sea. Some of the better-known islands are Cuba, the Dominican Republic, Haiti, the Bahamas, Jamaica, Barbados, Puerto Rico, and the Virgin Islands.



This version of the Limbo Rock Mixer is based upon patterns learned from Katherine Dunham. She received a fellowship to study dance and culture in the West Indies and through her studies, became an authority on the dances of the region.



LIMBO:

Items Needed:
- bamboo stick



LIMBO:

Two people hold a bamboo stick head high. Everyone forms a line in front of the stick. When the music starts, everyone goes under the stick. When everyone has cleared the stick, it is lowered and the line continues under the stick. If you are unable to go under the stick without touching the ground (with your hands), you are out.



ISRAEL!



ABOUT THE COUNTRY:

Hebrew and Arabic are the two official languages of Israel. Both languages appear on Israeli money and stamps. Many Israeli children are bilingual.

BLI YADAYIM:

Items Needed:
- hula hoops

Line up each class in a straight line. Place a hula hoop across from each team. The students run down and get into the hula hoop, using only one hand. Each hula hoop must be placed around a student's waist. They may start the hula hoop turning using one hand. Each student must make the hula hoop go around his or her waist three times. They he or she will place it back on the ground and return to the end of the line. NO hands will be used when turning the hula hoop. The first team to do so is the winner. If time permits, start over.



EGYPT!



ABOUT THE COUNTRY:

The Egyptian Tug of War game is depicted on the wall in the tomb of Mereruka on the outskirts of the ancient town of Memphis, the "city of living", about twenty miles south of Cairo. Mereruka was a high official in the government of the Sixth Dynasty of this old kingdom. The game is played in Egyptian schools today, representing continuity of sporting traditions and the influence of the ancient culture on modern practices.

TUG OF WAR:

Items Needed:
- rope
- megaphone

Two classes will compete against each other in a traditional tug-of-war game. (The first to pull the other over a given boundary wins.)



ABOUT THE COUNTRY:

In Ireland, you'll see street signs printed in both Gaelic and English. This is part of an effort by the Irish government to prevent the disappearance of the Gaelic language. Schools in Ireland are also being encouraged to teach Gaelic, in addition to English.

SINK THE GOLF BALL:

Items Needed:

- golf balls*
- golf clubs*
- cups*

Line each class up in a straight line, with their hands behind their backs. Give the leader of each line a gold ball and club. The object of the game is to putt the ball down to the cup. Hit the ball into the cup, then take the ball out of the cup and putt the ball back to the beginning of the line. When you reach the finish line, hand off to the next player and go to the end of the line. This continues until each player has puttied. The first team to sit down is the winner.



HAWAII



HAWAIIAN SHAVED ICE

Hawaiian Shaved Ice is a popular treat that can be found at Hawaiian festivals, the mall, or at businesses. For many years, people had to go to Hawaii to get that wonderful, icy treat, but now you can enjoy it here on the mainland.

Hawaiian Shaved Ice is different from a snowcone, since shaving a block of ice with a blade produces it. After the ice is shaved off of a big block and put into a cup, various flavors are added to it to make a delicious treat.

Thank you to the Hawaiian Islands for providing us with a delicious treat!

All games here were submitted by [Denice Volzone Rice](#) - thank you Denice!



About Denice: "I started working for Lake County Schools in 1982 as a secretary for ESE . I took a leave of absence in 1987 to go back to school and get my teaching certificate. After graduating from The University of Central Florida in 1989 with a Bachelors in Elementary Education ,I started teaching at Treadway Elementary. I've taught 4th grade for 4 years, 5th grade for 3 years ,and now teach computer education to Kindergarten through 5th grade. I was selected as Teacher of the Year in 1996 by my colleagues, helped write technology grants which have enabled our school to purchase laptops and projectors for the classrooms, and taken technology classes to keep up with the ever-changing world of technology. If you would care to learn more about our school or me, please feel free to visit our school website. Once you have opened the web page go to Teachers, Enrichment Teachers and click on web page under my picture: <http://www.lake.k12.fl.us/school-twe2>

If you would like to contribute your teaching ideas, send them in - we'd love to have them! Write to: everydayteaching@gmail.com